

## **Prayers for First Communion**

### **Morning Offering**

O My God, I offer you every thought and word and act of today. Please bless me, my God, and make me good today. Amen.

### **Grace before Meals**

Bless us, O Lord, and these your gifts which we are about to receive from your bounty, through Christ Our Lord. Amen.

### **Grace after Meals**

We give you thanks for all your benefits, O Almighty God, who lives and reigns forever. Amen

### **Prayer after Communion**

O Sacrament Most Holy, O Sacrament Devine, all praise and all thanksgiving be every moment thine.

### **THE SEVEN SACRAMENTS**

1. Baptism
2. Penance
3. Holy Eucharist
4. Confirmation
5. Anointing of the Sick
6. Matrimony
7. Holy Orders